



Thoughtful Living Series

sponsored by the River Forest Parks Foundation Board & the River Forest Public Library

Tuesday, February 28, 2012 7 to 8:30 p.m.

at the River Forest Public Library



Gardening in the winter? Yes!

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Plant Winter Harvest Spring

Learn how to sow seeds this winter and enjoy eating fresh organic food from your own backyard. We'll talk about the process and required steps, learn which plants grow best in our climate, how to sow your seedlings and when to harvest. We'll also look at how low tunnels (miniature greenhouse tunnels) can be built for the fraction of the cost of building a greenhouse and where to purchase seeds and materials to build your own.



Debbie Kong is a Master Gardener, Master Composter, and Junior Master Gardener educator. She has worked on an organic farm, a sustainable aquaponics farm, and has taught gardening in the Chicago Public Schools and to youth and adult groups throughout the Chicago area.

*Her degree in design and experience as an information architect and art director give her a unique perspective: her vegetable gardens are not only bountiful, they are beautiful as well. She is a co-blogger at greenroofgrowers.blogspot.com and can also be found at *The Singing Seed* on Facebook.*

